

PLEASE WASH YOUR HANDS

20 SECS



- 1. Wet your hands and dispense soap into palms**
- 2. Take 20 seconds to rub and lather the soap**
Tip: Sing 'Happy Birthday' twice to keep track of time
- 3. Thoroughly clean the front and back of your hands, between your fingers, thumbs, finger tips, underneath your finger nails and up your wrists**
- 4. Rinse soap off completely then dry hands**
- 5. Use a paper towel to turn off the faucet and open doors to ensure hands stay clean**